#### **ORIGINAL ARTICLE**



# Drug delivery device for the inner ear: ultra-sharp fully metallic microneedles

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### **Abstract**

Drug delivery into the inner ear is a significant challenge due to its inaccessibility as a fluid-filled cavity within the temporal bone of the skull. The round window membrane (RWM) is the only delivery portal from the middle ear to the inner ear that does not require perforation of bone. Recent advances in microneedle fabrication enable the RWM to be perforated safely with polymeric microneedles as a means to enhance the rate of drug delivery from the middle ear to the inner ear. However, the polymeric material is not biocompatible and also lacks the strength of other materials. Herein we describe the design and development of gold-coated metallic microneedles suitable for RWM perforation. When developing microneedle technology for drug delivery, we considered three important general attributes: (1) high strength and ductility material, (2) high accuracy and precision of fabrication, and (3) broad design freedom. We developed a hybrid additive manufacturing method using two-photon lithography and electrochemical deposition to fabricate ultra-sharp gold-coated copper microneedles with these attributes. We refer to the microneedle fabrication methodology as two-photon templated electrodeposition (2PTE). We demonstrate the use of these microneedles by inducing a perforation with a minimal degree of trauma in a guinea pig RWM while the microneedle itself remains undamaged. Thus, this microneedle has the potential literally of opening the RWM for enhanced drug delivery into the inner ear. Finally, the 2PTE methodology can be applied to many different classes of microneedles for other drug delivery purposes as well the fabrication of small scale structures and devices for non-medical applications.

**Keywords** Microneedles  $\cdot$  Nanoscribe  $\cdot$  Hybrid additive manufacturing  $\cdot$  Inner ear drug delivery  $\cdot$  Round window membrane  $\cdot$  Electrochemical deposition  $\cdot$  2PTE

### Introduction

Drug delivery into the cochlea—a fluid-filled cavity within the temporal bone of the skull—is a long-standing medical challenge, yet essential to treat a variety of hearing disorders

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such as sudden or progressive sensorineural hearing loss and tinnitus, as well as vestibular disorders such as Ménière's disease. The challenge stems from the anatomic inaccessibility of the cochlea, which makes it difficult to deliver precise amounts of therapeutics into or to aspirate perilymph fluid from within the cochlea for diagnostic purposes [1-3]. Gaining access to the cochlea first requires gaining access to the middle ear either through the tympanic membrane or via a mastoidectomy. Once in the air-filled middle ear space, two passageways exist into the inner ear. One is the oval window (fenestra ovalis) that is covered with the oval membrane and the footplate of the stapes bone. The other is the round window (fenestra rotunda) that is covered by the round window membrane, which consists of two epithelial layers surrounding a middle layer rich in collagen and elastic fibers. The round window membrane (RWM) is the only pathway from the middle ear to the inner ear that does not require perforation of bone. Thus,



minimally invasive and reliable inner ear drug delivery and fluid sampling across the RWM is of great interest for a variety of therapeutics and treatments [2, 4–6].

Many studies have utilized injection of a drug contained within liquid or hydrogel through the tympanic membrane (i.e., ear drum) into the middle ear space; once there, a portion of the drug may diffuse across the RWM into the cochlea [2, 7]. Such intratympanic drug delivery presents several challenges, including (1) variable rate of diffusion; (2) inability to diffuse some polar molecules; and (3) inability to diffuse molecules larger than a critical size [8]. A demonstrated method to overcome these challenges is to perforate the RWM with microneedles prior to intratympanic injection into the middle ear space [3]. Another potential strategy is direct injection of a drug across the RWM into the cochlea.

Perforation of the RWM is technically challenging and also is not without risk because the RWM serves in part to protect the inner ear from the external environment [2, 7]. However, recent developments in microneedle technology may mitigate these risks. Our group [9] recently reported the fabrication of ultra-sharp polymeric microneedles with a 100 µm cylindrical shaft that at its end tapers to a tip with a 500 nm radius of curvature. We demonstrated the efficacy of using the microneedles to perforate a guinea pig RWM [9]. At the initial stages of perforation, the ultra-sharp tip first penetrates through the RWM to create an initial perforation. Subsequently, the microneedle continues to perforate the RWM and gradually increases the perforation size until the microneedle shaft has fully penetrated the RWM. The resulting perforation is lens-shaped with major axis the same length as the microneedle diameter and with minor axis about 30% of the major axis. Confocal microscopy examination of the perforation demonstrates that the tapered end pushes apart the collagen and elastic fibers—rather than cutting the fibers—thus introducing the perforation with a minimal degree of damage to the RWM.

In addition, previous work from our group demonstrates the potential of delivery of therapeutics into the inner ear through perforations in the RWM [10, 11]. Furthermore, Yu et al. [12] have shown that polymeric microneedles of the same size as the metallic needles used in this work are able to perforate the RWM with no long-term hearing loss. Importantly it was seen that RWM healing progressed over 24 to 48 h and the perforation was fully closed within one week. Finally, our group [13] designed and fabricated a similar set of ultra-sharp polymeric microneedles and used them to perforate cadaveric human RWM, demonstrating their potential use in humans.

Kelso et al. [10] demonstrated that the rate of diffusion of a molecule (e.g., rhodamine B) across a guinea pig RWM is significantly enhanced by the presence of a microneedle perforation. Additionally, Santimetaneedol

et al. [11] showed that microperforations in a membrane can enhance the rate of diffusion irrespective of whether a molecule (again, rhodamine B) is contained in a liquid solvent reservoir or a hydrogel such as Poloxamer 407 reservoir. Specifically, for a reservoir of liquid phosphate-buffered saline (PBS), the rate of diffusion scaled linearly with the total perforation area, independent of the number of perforations. For a reservoir of Poloxamer 407 hydrogel, the diffusion rate across one large perforation was significantly greater than the combined diffusion rate across multiple smaller perforations whose combined areas equaled the larger perforation. Thus, ultra-sharp microneedles that induce a minimal damage during RWM perforation hold great promise for drug delivery to the inner ear.

However, several challenges remain. The microneedles demonstrated by Aksit et al. [9], Yu et al. [12], and Chiang et al. [13] were polymeric and were fabricated with two-photon polymerization (2PP) lithography, which is a 3D additive printing method with a voxel resolution of about 100 nm. While the 3D printing of a microneedle grants tremendous design freedom, the polymeric nature of the microneedles has two drawbacks. First, the polymeric material is not known to be biocompatible. Second, the polymer is not as strong as competing materials such as metals.

Herein we report the fabrication of biocompatible fully metallic microneedles with the same design and overall dimensions as those used by our group in [9, 12] and [13]. We refer to our hybrid additive manufacturing fabrication methodology as 2-photon templated electrodeposition (2PTE). Briefly, we first use 2PP photolithography to print a polymeric mold containing a negative 3D image of the desired microneedle. We then use electrodeposition to fill the negative 3D image in the mold with copper. After removing the copper microneedle from the mold, we coat the copper microneedle with a conformal layer of gold to render the surfaces biocompatible. The resulting microneedle has a 100 µm shaft diameter that at its end tapers to a tip with a 1.5 µm radius of curvature. We demonstrate that the fully metallic microneedle perforates a guinea pig RWM by separating—rather than cutting—the connective fibers.

Our 2PTE process for fabrication of biocompatible fully metallic microneedles is quite novel and has the potential to fabricate microneedles for a broad range of other potential applications beyond delivery of drugs to the cochlea. Therefore, the central thrusts of this paper are the 2PTE fabrication method and the demonstration that the resulting ultra-sharp metallic microneedles perforate the RWM in the same way as ultra-sharp polymeric microneedles. In the "Background" section, we describe the general classes of microneedles and fabrication processes in the context of the following three attributes: (1) design freedom; (2) accuracy and precision; and (3) strength and ductility. Our 2PTE methodology



is the only process that produces microneedles with all three attributes. In the "Template-assisted electrodeposition of metals" section, we describe our novel 2PTE design and fabrication method. The "Perforation of round window membrane using microneedles" section describes RWM peforation experiments with the fully metallic microneedles. The results are described in the "Results" section and discussed in the "Discussion" section. We draw our conclusions in the "Conclusion" section.

### **Background**

Microneedles are an attractive area of research since they can enable painless and minimally invasive delivery of therapeutics or sampling of biological fluids across a number of anatomic barriers [14]. Applications of microneedles have been studied for the skin [15–18], eye [19–22], the mouth, the vagina, the fingernail, gastrointestinal tract, vascular wall, the anus, and the scalp [23–29]. Work done by our group is presently expanding the use of microneedles into the inner ear [9, 10, 12, 13, 30].

Microneedles designed to deliver therapeutics can employ several different mechanisms including solid needles for tissue perforation, coated solid needles, hollow needles, and dissolving needles [20]. Solid needles have been shown to greatly improve the permeability of skin for transdermal delivery of therapeutics after microneedle application, or when directly coated with the therapeutic. Hollow and dissolving microneedles have been shown to be reliable methods for painless and minimally invasive drug delivery across the skin and layers of the eye [16, 31, 32].

Three of the most important attributes when developing and deploying microneedle technology for meeting the most exacting requirements are (1) high strength and ductility; (2) high accuracy and precision; and (3) high design freedom. Figure 1 shows a Venn diagram of these qualities. **Strength** and ductility of a microneedle is determined primarily by the material. Ceramics and materials such as silicon generally are strong but not ductile. Polymers have a wide range of properties, but their strength is generally limited while they can be very ductile. Metals, however, can have both high strength and high ductility. Microneedles have been made out of all three classes of materials [20]. Accuracy and precision and design freedom are determined largely by the microneedle fabrication methods, which can be categorized into either (1) subtractive (topdown) fabrication methods in which material is removed from a stock material to obtain the desired configuration or (2) additive (bottom-up) fabrication methods in which material is added from an external source to obtain the desired configuration. Other microneedle qualities not shown in Fig. 1—such as cost, ease of fabrication,

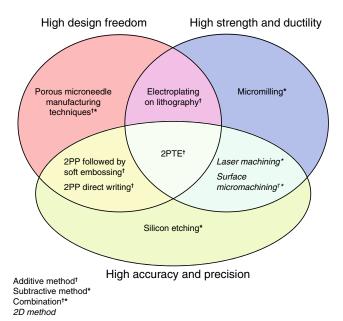


Fig. 1 Attributes of different microneedle manufacturing techniques

and manufacturing scalability—are important for different applications; however, only the characteristics highlighted above will be considered in this paper as we establish this novel technology for the delivery of therapeutics into the inner ear.

Most microneedles are fabricated using subtractive methods. For example, the etching or micromachining of silicon was the first method—and remains one of the most popular methods—of making microneedles [18]. Silicon etching played a fundamental role in the creation and development of the microneedle field, and is capable of fabricating highly accurate and precise microneedles with sub-micrometer scale features. However, siliconwhile it can be quite strong—is a brittle material, and the inherent design freedom of techniques pertaining to silicon microneedles is limited [33, 34]. Other subtractive methods employ a micromilling machine or an electrical discharge machine (EDM) to fabricate fully metallic microneedles that possess high strength and ductility [35, 36]. However, the accuracy and precision are inferior to that obtainable from silicon micromachining. Laser cutting is another important subtractive fabrication method for metal microneedles that can have relatively high accuracy and precision with microscale features [37]. Overall, subtractive methods can fabricate microneedles with varying degrees of high accuracy and precision. When applied to metals, the resulting microneedles can have high strength and ductility. All microneedle fabrication methods that use only subtractive techniques have limited design freedom. Therefore, in Fig. 1, subtractive methods populate regions denoting high accuracy and precision with some also classified as high strength and ductility.



Some microneedle manufacturing methods use a combination of subtractive and additive techniques. Metallic, porous microneedle manufacturing methods have created a unique venue in drug delivery and fluid sampling [38, 39]. The methods for creating these devices—hot embossing, sintering and metal injection molding—have significant inherent design freedom, but lead to less accuracy and precision and strength and ductility. Two dimensional subtractive techniques, such as laser machining and surface micromachining, combined with additive techniques such as electrochemical deposition, are successful at creating metallic microneedles with great accuracy and precision and strength and ductility, but with less design freedom [40–42]. Limits in their design freedom, however, make it challenging for these needles to be used for certain applications. These methods are shown in their respective categories in Fig. 1.

The newest methods, enabled by recent advances in manufacturing technology, are fully additive methods. The combination of lithography with surface electroplating has great design freedom and the resulting microneedles have strength and ductility, but with less accuracy and precision than competing methods [43-45]. Hollow microneedles created this way can be in a plethora of different shapes and are metallic and durable. Two-photon polymerization (2PP) lithography is a well-known technique that has recently attracted attention for micromanufacturing and has become widely commercially available. This method can be utilized to create highly complex 3D structures with resolution approaching 100 nm [46]. Microneedles have been made with direct laser writing (DLW) [9] using 2PP lithography or combined with a molding and soft embossing step to make polymeric microneedles [47]. This method combines the accuracy and precision of microtechnology with the design freedom of 3D printing. Therefore, it can be said that 2PP is a great tool to use for fabricating polymeric microneedles, [48] but the resulting microneedles are limited with regard to strength and ductility. These methods also are shown in their respective categories in Fig. 1.

A long-standing goal has been to manufacture microneedles with high *strength and ductility* and high *accuracy and precision* using methods that grant high *design freedom*. Fully metallic microneedles are especially desirable due to their mechanical, electrical and thermal properties, and ease of functionalization [49, 50]. Herein we report the hybrid *additive* fabrication of ultra-sharp solid metallic microneedles with complex architectures. This is achieved by electrochemically depositing copper into polymeric molds fabricated via 2PP lithography. We call this technique 2-photon templated electrodeposition (2PTE). The resulting microneedles are the most precise fully solid metallic microneedles yet demonstrated, with a shaft

diameter of 100  $\mu m$  tapering to a tip radius of curvature as small as 1.5  $\mu m.$ 

Electrochemical deposition of metals into polymeric templates (or molds) made via 2PP lithography provides sub-micrometer resolution and results in precise, ultrasharp, high ductility, and high strength needles that have tremendous freedom in their design. Most designs achievable via 2PP lithography can be achieved using 2PTE, including needles that are hollow or have multiple lumina through the microneedle shaft. As illustrated in Fig. 1, our 2PTE fabrication methodology is currently the only method that combines the attributes of high design freedom and high accuracy and precision with the superior strength and ductility of metals. In the specific case of the inner ear, a high design freedom manufacturing technique to fabricate microneedles is crucial to address the complex nature and size of the middle and inner ear anatomy [1]. High accuracy and high precision are invaluable, due to the delicate nature of the tissue of interest: the round window membrane [30]. Methods with these properties produce needles that are "ultra-sharp" and have smooth surfaces and can be reliably produced with repeatable dimensions and properties. Ultra-sharp needles with smooth surfaces cause minimal damage to the tissue and are conducive to healing [12]. High strength, high ductility microneedles are also important for safety purposes. High strength needles will not deform or blunt during nominal use and can be reliably used multiple times. High ductility needles, when undergoing deformation—perhaps due to accidental impact with bony tissue around the RWM during use-will yield and bend, rather than break off in a brittle manner.

### Template-assisted electrodeposition of metals

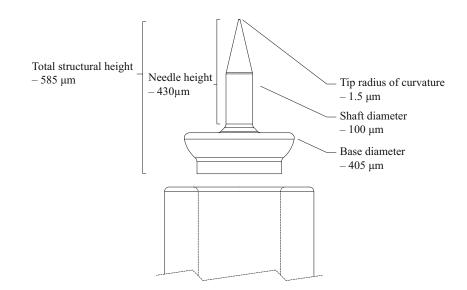
Three additive manufacturing steps are used in fabricating the ultra-sharp biocompatible microneedles. First, we fabricate a mold or template for the microneedles using 2PP lithography, which can print polymeric 3D structures with spatial resolution (i.e., voxel size) approaching 100 nm. Second, we use electrodeposition to grow or deposit microneedles in the mold. Both galvanostatic and potentiostatic deposition can be used to make the microneedles, and the relationship between charge passed through the system and deposition made is consistent with Faraday's law of electrolysis

$$m = \frac{QM}{Fz} \tag{1}$$

where m is the mass deposited, Q is the total charge passed through the system that can be easily computed by integrating current over time, M is the molar mass of



Fig. 2 Side view of the design of the needle along with the standard 24-gauge stainless steel blunt needle tip into which it is designed to fit



the deposited agent, F is Faraday's constant, and z is the valency number. Third, the microneedles are coated with a thin nickel film via electroless deposition followed by a thin gold film by immersion deposition.

Galvanoforming (LIGA) is a standard method used to fabricate 2D nickel structures with constant cross-sectional area [51]. Our methodology is a significant extension to LIGA in that we are able to fabricate complex 3D structures with cross-sectional areas that vary by up to four orders of magnitude. The new methodology is made possible due to recent advances in 3D lithography such as 2PP lithography that enable the production of a variety of designs to be manufactured. These designs can be made fully metallic, and can even have controlled microstructures [52–55].

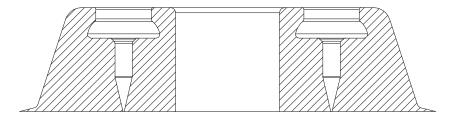
### Microneedle design and fabrication

The geometric details of the mold are designed using Solid-Works (Dassault Systems SolidWorks Corporation, Concord, NH, USA) computer-aided design (CAD) software to generate stereolithography (STL) files. The microneedle design is illustrated in Fig. 2. The microneedle design consists of a shaft of diameter of 100  $\mu$ m that at its end tapers uniformly with an angle of 13.1° to a tip of 1.5  $\mu$ m radius. The microneedle's base section diameter is 405  $\mu$ m. The entire height of the electrochemically deposited needle, including the base part and the needle part, is 585  $\mu$ m; we

call this the total structural height. According to micro-CT imaging conducted by [36], there is a 1.2 mm-deep chamber behind the RWM, behind which is the basilar membrane. The needle length, which was chosen to be 430  $\mu$ m, is a conservative length so that the basilar membrane is not damaged during RMW perforation.

A cross-section of the mold used to electrochemically deposit the microneedles is illustrated in Fig. 3. The first microneedle fabrication step is to fabricate the mold. Thin 100 nm films of titanium and gold are deposited sequentially via electron-beam evaporation (AJA Orion 8E Evaporator System) atop a (100) single crystal silicon wafer substrate. Photoresist (IP-S, Nanoscribe GmbH, Karlsruhe, Germany) is deposited atop the gold film via dropcasting. Subsequently, 2PP lithography (3D laser writing) is performed using the Photonic Professional GT system (Nanoscribe GmbH, Karlsruhe, Germany). The Dip-in Laser Lithography (DiLL) configuration is used with a 25× objective using the galvo scan mode. The 2PP process is started 2.5 µm below the substrate to ensure good anchoring. A slicing distance of 1 µm is chosen to ensure a reliable structure as well as a reasonable writing duration. The structure is divided into hexagons with 400 µm major axes, and is stitched with regions of 1 µm overlapping on the sides to ensure good stitching. After 2PP lithography is complete, the polymeric molds are soaked in a propylene glycol monomethyl ether acetate (PGMEA) solution for

Fig. 3 Cross-sectional view of the design of a needle mold containing a central circular current thief geometry with a diameter of 600 μm



30 min, and are subsequently cleaned in two isopropanol alcohol (IPA) baths of length 20 min each, which completes fabrication of the molds.

The fabricated molds are mounted onto a stainless steel rotating disk electrode (RDE) with a polytetrafluoroethylene (PTFE) protector and placed in deionized (DI) water. An electrolyte (Moses Lake Industries, Moses Lake, WA, USA) is prepared containing 40 gl<sup>-1</sup> copper, 140 gl<sup>-1</sup> H<sub>2</sub>SO<sub>4</sub> and 50 mgl<sup>-1</sup> Cl<sup>-</sup>. Electrodeposition is performed using a power supply (Metrohm Autolab B.V., Utrecht, The Netherlands) that can operate either as a galvanostat or a potentiostat using a Ag/AgCl reference electrode (Sigma-Aldrich Corporation, MO, USA). Two different methods can be employed in fabricating the needles:

- 1. Potential controlled (potentiostatic) deposition with a stop function at a limit charge.
- Current controlled (galvanostatic) deposition with a stop function at a limit potential.

After electrodeposition, the copper-filled mold is removed from the RDE, rinsed with DI water, and rapidly dried using N<sub>2</sub> gas or compressed air. The mold structure is dissolved away to release the needles using Technistrip NF-52 (Technic Inc., Cranston, RI, USA) that is selective against copper. The microneedles are further cleaned using Reactive Ion Etching (RIE) with 10 sccm CF<sub>4</sub> and 50 sccm O<sub>2</sub> (PlasmaPro NPG80 RIE, Oxford Instruments, Abingdon, UK). The copper needles are mounted on a 24 gauge stainless steel blunt hollow hypodermic needle. The microneedle surfaces are then further cleaned via

electropolishing using concentrated H<sub>3</sub>PO<sub>4</sub>. Figure 4 shows an example of a copper microneedle fabricated and mounted in this manner.

The microneedle can be secured to the stainless steel blunt needles with epoxy (Gorilla Epoxy Inc.). The other end of the blunt stainless steel hollow needle can be fitted with a standard Luer Lock fitting to enable connection to medical instruments.

Copper is not a biocompatible material. Hence after fabricating the microneedles, a nickel thin film (1.5  $\mu$ m) is blanket coated onto the copper microneedle via electroless deposition (OMG chemicals, MN, USA). A gold thin film (30 to 100 nm) (based on data sheets from Technic Inc.) is then blanket coated atop the nickel film using an immersion deposition method (Technic Inc., Cranston, RI, USA). In this way, the entire surface of the microneedles is coated with gold, which is a biocompatible material. The Ni interlayer between the Cu and Au prevents diffusion of Cu into the Au layer. We analyze the Ni and Au coatings using energy-dispersive X-ray spectroscopy (EDS) and backscatter imaging for surface characterization. This analysis is conducted using a scanning electron microscope (Zeiss, Oberkochen, Germany).

To allow ready analysis of the copper microstructure produced by the electrodeposition process, we fabricated microneedles with flat sides in a similar mold structure; an example of such a needle and the design are illustrated in Fig. 5. These microneedles are fabricated with the same process parameters as the round microneedles. The flat microneedles are analyzed using electron backscatter diffraction (EBSD) system (EDAX, NJ, USA).

Fig. 4 a Computer generated rendering of microneedle design. b Optical micrograph of additively manufactured copper needle (with 100 μm shaft diameter) mounted on a 24 gauge stainless steel hollow blunt needle (with nominal 565 μm outside diameter) c Scanning electron micrograph of a copper microneedle tip

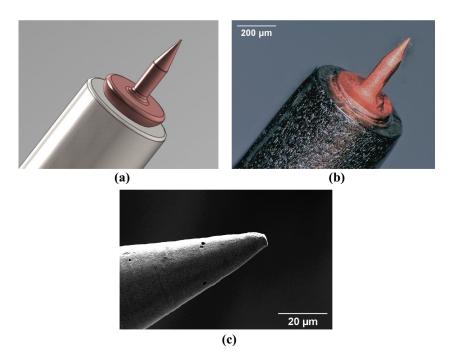
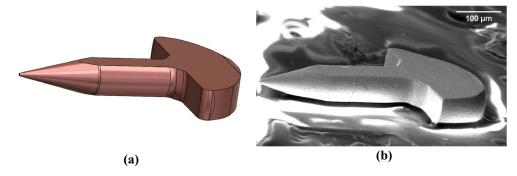




Fig. 5 a Design of a flat needle for microstructural analysis. b Scanning electron micrograph of the flat sided needle used for analysis



## Perforation of round window membrane using microneedles

Previously, our group fabricated a polymeric microneedle printed directly with 2PP lithography of the same dimensions of the design in Fig. 2 except that the polymeric microneedle had a 500 nm tip radius of curvature. The polymeric microneedles were used to perforate a guinea pig RWM to create perforations to enable the accurate and precise delivery of therapeutics into the inner ear [9, 10]. Our group has also demonstrated that perforation of the RWM with the polymeric microneedles does not have a lasting effect on the sense of hearing and that the resulting perforations heal progressively over 24 to 48 h with complete closure of the perforation within one week [12]. Polymeric microneedles of the same general design but with different taper angle, 30 ° instead of 13.1 °, have been used to perforate a human cadaveric RWM [13]. Our goal in this section is to describe the perforation of the guinea pig RWM using the fully metallic microneedles.

Hartley strain male guinea pigs were used for this study. Within 24 h after euthanasia, the intact temporal bone of the guinea pig is harvested using blunt dissection. Parts of the temporal bone were drilled away using an Osada Electric Handpiece System (Osada, Inc., Los Angeles, CA, USA) exposing a clear view of the RWM without compromising the integrity of the fluid chambers in the cochleovestibular system.

The microneedles are mounted in a custom-built micromanipulator consisting of:

- Motorized stage and linear translator for moving harvested RWM into position and for translating the needle indenter vertically (Zaber Technologies Inc., Vancouver, BC, Canada),
- Force transducer with full scale of 98 mN for measurement of axial force exerted during indentation (Transducer Techniques, Temecula, CA, USA),
- Custom 3D printed fixture to hold the 24 gauge stainless steel needle with a Luer lock interface, that is used to align the sample and the microneedle.

We use a copper microneedle to perforate the RWM in situ while simultaneously measuring the force and displacement (N=4). A separate copper needle is used for each perforation. The perforated RWM is examined via confocal microscopy. The size and orientation of the perforation is recorded and the damage induced into the underlying collagen and elastic fiber matrix is examined.

### Results

Fully metallic microneedles are fabricated with extreme precision for the goal of perforating the round window membrane. Figure 4a shows the design of the copper microneedle inserted into the 24 gauge stainless steel hyperdermic needle. Figure 4b shows the fabricated microneedle secured to the hollow stainless steel by a small amount of epoxy glue. Figure 4c is an SEM micrograph of the tip of the needle shown in Fig. 4b.

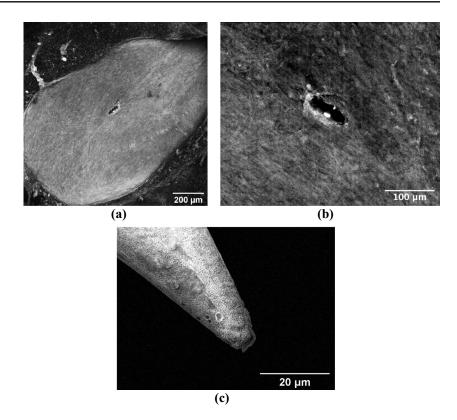
Needles with altered geometries that have flat sides, shown in Fig. 5, are analyzed using EBSD. The grain sizes average 3.4  $\mu$ m close to the tip and 4.6  $\mu$ m close to the base of the needle. A change in copper grain size, where the tip grains are significantly smaller than the base is advantageous because material hardness increases as the grain size decreases via the Hall-Petch effect [56, 57]. Thus, a larger grain size is associated with greater ductility, so the copper near the base would be more ductile. A hard microneedle tip is expected to be resilient to damage and a ductile microneedle base is expected to bend rather than break in the event of unanticipated lateral forces during perforation.

Fabricated microneedles are used to perforate guinea pig round window membranes (N=4), exerting an average of 3.8 mN of perforation force, with a standard deviation of 0.35 mN. Perforation force is defined as the maximum force that is exerted on the needles during the indentation.

Perforations in the RWM made by microneedles are analyzed using confocal microscopy and are found to have major and minor axes of 75.2  $\mu$ m and 22.8  $\mu$ m, with standard deviations of 8.6  $\mu$ m and 7.3  $\mu$ m, respectively.



Fig. 6 a Confocal micrograph of a round window membrane perforated with a metallic microneedle,  $\times 10$  magnification. b  $\times 20$  magnification of a confocal micrograph, zoomed in around the perforation to show fiber structure around the hole. c Scanning electron micrograph of a microneedle tip post perforation, showing no damage on the tip



For the copper microneedles subsequently coated with

Ni and Au, the EDS and backscatter imaging of the surface

show very high and conformal coverage of the surface with

Au. A digital microscope image of a gold-coated needle and

a SEM backscatter detection image can be seen in Fig. 7b.

2PP process, leading to individual layers in the mold of the

order of micrometers in thickness. These surface features

are removed in the electropolishing step of our process.

This is similar to results from previous work [9]. It is also observed from the confocal images that the method of failure of the membrane is fiber-to-fiber decohesion, and not ripping or tearing of the collagen fibers significantly; this is consistent with our earlier study using polymeric microneedles [9]. Low magnification and high magnification confocal microscope images of a perforated RWM can be seen in Fig. 6, illustrating this phenomenon visually.

Figure 6c shows an SEM micrograph of a representative copper microneedle following perforation. There is no discernible damage to the tips of the microneedles, demonstrating the high strength at the tip does not allow the tip to deform permanently. This suggests the potential of reusability of metallic microneedles post perforation.

Results of EDS from a needle can be seen in Table 1, and the gold-coated microneedle can be seen in Fig. 7a.

Figure 8 shows a close-up image of a copper microneedle just after the RIE cleaning step. The tip radius of curvature of the fabricated needles is on the order of 1.5 µm. The circumferential lines on the surface of the microneedle taper and shaft are a consequence of the discrete voxel size from

Fig. 7 a Optical micrograph of a gold-coated microneedle, and b SEM backscatter detection image showing minor dark contamination on the surface of the gold-coated microneedle, possibly carbon, but an otherwise conformal coating

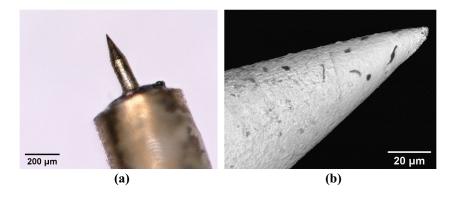




Table 1 Results from EDS analysis of the needles coated with electroless nickel and immersion gold

Element	Atomic no.	Mass normalized (%)	Atomic (%)	Relative error (%)
Gold	79	99.06	97.07	3.76
Copper	29	0.72	2.20	22.89
Nickel	28	0.22	0.73	37.46

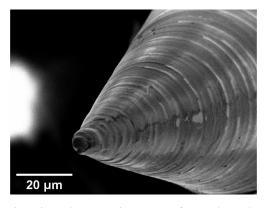
However, these microscale features showcase the detail that can be obtained on the manufactured needles.

### Discussion

The work presented herein discusses the fabrication of fully metallic microneedles that can have complicated geometries and surface designs, along with a demonstration that the microneedles can be used to perforate the guinea pig RWM. It was shown that this methodology allows replication of 2PP resolution to produce fully metallic microneedles, and the voxel lines visible in Fig. 8 illustrates this capability.

In previous experiments, Kelso et al. [10] introduced "irregular tears" with average perforation opening area of  $2500~\mu m^2$  using microneedles with a  $6.25~\mu m$  radius tip into a guinea pig RWM. Subsequent diffusion experiments showed that the presence of a single such perforation increased significantly the rate of delivery of rhodamine B across the RWM. Our ultra-sharp microneedles are able to introduce perforations by separating rather than cutting the fibers. Nonetheless, uncontrolled ripping of the RWM would occur if the microneedle shaft diameter of  $100~\mu m$  because it does not introduce uncontrolled ripping of the RWM, yet introduces an average perforation area of  $1700~\mu m^2$ , which is a significant fraction of the mean perforation size in [10].

The peak force required for perforation of the guinea pig RWM with the fully metallic microneedle is 3.8 mN. In



**Fig. 8** Scanning electron microscopy of an electrochemically deposited needle's tip. It is possible to see the imprints of voxel lines generated during the 2PP of the molds

previous work [13] of our group, the median force required to perforate a human RWM with a 100 µm microneedle is 53 mN, with interquartile range of 50 mN to 60 mN. The force perception threshold for otologic surgeons (during cochlear implant surgery) is 20.4 mN [58]. This is well below the human RWM perforation force (53 mN). Thus, the surgeon may not feel the initial perforation of the RWM with the tip of the needle, but will perceive the advancement of the shaft of the needle to complete the perforation. The clinician will use the needle with either endoscopic visualization or with the aid of a microscope. Thus, there will be both visual and tactile confirmation of perforation for the surgeon. In addition, if the electrode is coated with AgCl, there can be electrical confirmation of initial perforation by using electrochemical methods described by [59].

This methodology provides significant freedom in the design of needles. However, structures that can be manufactured this way have some geometric limitations. Namely, creation of protruding corners and rapidly changing cross-sectional areas (similar to what was presented in this work) require careful design and control of electrochemical deposition parameters. The realm of the designs that are feasible to produce using this methodology is not dissimilar to regular 3D printing guidelines about overhanging structures [60]. In order to illustrate the degree of accuracy along with a familiar scale, a copper microneedle mounted on a 24-gauge blunt needle has been imaged next to the 2017 date stamp of a US 1 cent coin, illustrated in Fig. 9.

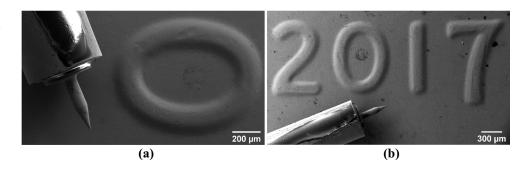
Since the process has extensive design freedom and control over the microscale surface geometry of the microneedles, it is possible to produce a plethora of novel designs, such as hollow microneedles. One other important strength of this technique is its ability to manipulate surface topology, which can play an important role in the function of needles. Studies have been made on the effects of blade-like biomimetic protrusions from needles that can decrease insertion force [21, 61].

Two different deposition mechanisms were employed to manufacture the microneedles successfully: potentialcontrolled deposition and current-controlled deposition:

The potential-controlled (potentiostatic) method produces full metal needles more reliably and a charge-limit stop ensures stopping at the correct time once the base of the needles is done. However, there is little



**Fig. 9** a High magnification and **b** low magnification SEM image of a microneedle mounted on a blunt 24 gauge stainless steel syringe tip, next to a 2017 date stamp on a US one-cent coin



control over the current density as the deposition proceeds. The potentiostatic method allows the potential to be maintained below the threshold at which significant hydrogen evolution occurs;

In the current-controlled (galvanostatic) process, a miscalculation of the geometry—especially for complicated geometries with rapid changes in cross-sectional area or a misestimate of the current efficiency can mean that the deposition does not occur successfully due to hydrogen evolution that can obstruct the charge flow to the cathode, and increase the current density. Hence, the galvanostatic process is always used in conjunction with a potential limit, which ensures that undesirable potentials that could evolve significant amounts of hydrogen are not reached. The advantage of using the galvanostatic method is the fact that the user has complete control over the current density at every point throughout the deposition.

Using either of these methods, it is possible to change parameters of deposition, such as additive concentrations, temperature, and current density to induce an effect on the microstructure, thereby having an effect on the microneedle's mechanical properties [62]. These effects can be experimentally verified via nanoindentation and can be visualized using EBSD. The goal would be to manipulate the microstructure of microneedles such that while the tip portion is hard and can hold an edge after many perforations, the base portion is more ductile and would bend rather than break.

Using electropolishing, only a layer of 30 to 50 nm of copper is estimated to be removed. This is only done to remove residue, and should not affect the needle geometry significantly. Electroless deposition of Ni and subsequent immersion coating with Au is used to make the microneedles biocompatible. Although it is shown, through EDS and backscatter imaging, that the microneedles are coated with good conformality, the strength, survivability,

and cytotoxicity of these coatings have not been studied at this point and will be the subject for further research.

### Conclusion

Fully metallic single microneedles were manufactured by our 2PTE process of electrochemical deposition of copper into molds made via two-photon polymerization lithography. The needles were ultra-sharp, with a tip radius of curvature of 1.5 μm. The needles were mounted on standard blunt 24 gauge stainless steel syringe needles and coated with a thin conformal nickel film via electroless deposition, followed by gold immersion coating for biocompatibility. Success of the gold deposit was verified via EDS. Other methods have been used to fabricate ultra-sharp needles, such as in [9, 50, 63], but those microneedles do not have all of the attributes from our 2PTE manufacturing process.

Copper microneedles successfully perforated the guinea pig round window membranes, resulting in a mean perforation force of 3.8 mN, with a standard deviation of 0.3 mN. Confocal microscopy of the membranes suggested that the method of failure of the membrane was fiber-to-fiber decohesion, which is made possible by the ultra-sharp microneedle tips. It is important to note that earlier work [10, 64] from our group showed that microneedles with a 6.25 µm radius tip introduced "irregular tears" in the guinea pig RWM rather than the lens-shaped opening obtained from the ultra-sharp microneedles.

One of the main challenges we overcame in developing the 2PTE process was to initiate the electrodeposition in a mold with a 3  $\mu m$  diameter circular opening, transitioning continuously to electrodeposition of the 100  $\mu m$  microneedle shaft diameter, and transitioning again to the microneedle base diameter of 405  $\mu m$ . This 18,000 times increase in deposition area demonstrates both the design freedom and the accuracy and precision of the 2PTE method



to manufacture metallic structures with high strength and ductility, while tailoring material microstructure via varying electrodeposition parameters. This shows the promise of the 2PTE method to fabricate small structures for many other potential applications.

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### Compliance with ethical standards

All institutional and national guidelines for the care and use of laboratory animals were followed.

Conflict of interest All authors declare that they have no conflicts of interest.

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